



**GENTLE TRAUMA RELEASE METHOD ©**  
**Training**

**Scholarship Application Form**

GENTLE TRAUMA RELEASE

*Institute*



## A NOTE FROM IZABELA

Allow me to thank you for expressing your interest in the Gentle Trauma Release Method©, taught exclusively at the Gentle Trauma Release Institute. Our Training is designed to teach practitioners how to facilitate trauma release for their clients. But there is so much more you'll learn!

The Gentle Trauma Release Method© Training is designed mostly for practitioners working within a coaching framework or similar frameworks. In other words, we're not training you to become mental health professionals. Having said that, the Gentle Trauma Release Method© has, times and times again, led to extraordinary, powerful results in releasing traumatic memories and traumatic emotions.

The Gentle Trauma Release Method© Training is tailored to the needs of practitioners who may not necessarily have a background in trauma, but still desire to master reliable tools to support clients carrying trauma.

The Gentle Trauma Release Method© Training works best when the student already has foundations in coaching or similar methods, as well as some experience in client work.

Izabela Viskupova, LLM, M.A. Psychology  
Founder of the Gentle Trauma Release Institute  
Lead Professor of the Gentle Trauma Release Method©



# ABOUT YOU

TELL US ABOUT YOU

**First Name:**

**Last Name:**

**Email Address:**

**Phone Number (with country code):**

**Do you have background in coaching, counselling, therapy or similar?**

**What draw you to the Gentle Trauma Release© work?**



# ABOUT YOU

TELL US MORE

**Where do you see yourself after taking the Gentle Trauma Release© Training?**

**Is there anything else you'd like to tell us before we consider your application?**



# YOUR CONSENT

TICK ALL THE FIELDS BELOW FOR CONSENT & AGREEMENT

I CONSENT TO THE GENTLE TRAUMA RELEASE INSTITUTE TO COLLECT MY DETAILS

I CONFIRM THAT THE INFORMATION PROVIDED IS ACCURATE, CORRECT AND COMPLETE

## WHAT'S NEXT?

WE WILL REVIEW YOUR APPLICATION.

Please, submit your Application Form by **sending it to our Student Advisor Lucy Beiler. Her email address is [lucy@gentletraumarelease.com](mailto:lucy@gentletraumarelease.com)**. Our Admissions Team will review it for your potential approval. Please note that the approval of a scholarship is not automatic, nor necessarily immediate.

If a scholarship is rewarded to you, we will contact you immediately and offer you the next steps so that we can officially enroll you. If you have any questions, you can contact us at [info@gentletraumarelease.com](mailto:info@gentletraumarelease.com)